FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549	
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STATEMENT	OF	CHANGES	IN BE	ENEFICIA	L OWN	IERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

								·											
1. Name and Address of Reporting Person* Nguyen Phuong Dao				2. Issuer Name and Ticker or Trading Symbol BuzzFeed, Inc. [BZFD]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (speci						
(Last)	(F ZZFEED, I	•	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/21/2022									X Officer (give title below) Other (specify below) Publisher				
229 W. 4	3RD STRE	EET, 10TH FLOO	OR		4. If	Ame	ndmer	nt. Date	of Origina	Filed	(Month/D	av/Yea	ır)	6. Ir	ndividual or	Joint/Grour	Filing	(Check An	plicable
(Street) NEW YO	ORK N	Y	10036					.,	g		(-y	,	Line	e) <mark>X</mark> Form t	iled by One	e Repo	orting Person One Repo	n
(City)	(S	tate)	(Zip)												. 0.00.				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
, , (Date	Date (Month/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.		4. Securities Acquired (Disposed Of (D) (Instr. 3 5)			Securiti Benefic	5. Amount of Securities Beneficially Owned Following		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount		(A) or (D)	Price	Transac (Instr. 3	tion(s)			(Instr. 4)
Class A Common Stock			11/21	/2022				М		4,781	(1)	A \$0.00		194,880			D		
Class A Common Stock 11/2			11/21	1/2022	2			F		2,64	6	D	\$1.4	1.4 192,234			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Conversion or Exercise Price of Derivative Security (Instr. 3)			Execution Date, if any		4. Transaction Code (Instr. 8)		n of		6. Date Exercisa Expiration Date (Month/Day/Year			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	Owner Form: Direct or Indi (I) (Ins	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		expiration Pate	Title	N O	Amount or Number of Shares					
Restricted Stock	(2)	11/21/2022			M			4,781	(3)		(4)	Class	non	4,781	\$0.00	3,188	3	D	

Explanation of Responses:

- 1. These shares of Class A common stock reflect the settlement of restricted stock units ("RSUs") on November 21, 2022. Each RSU is convertible into a share of Issuer's Class A common stock on a 1-for-1 basis
- 2. Each RSU represents a contingent right to receive one share of the Issuer's common stock, subject to the Reporting Person's continued status as a service provider to the Issuer.
- 3. The RSUs service-vest on the following schedule: (a) 25% vest on January 1, 2020 and (b) the remaining 75% vest in 36 equal installments on each monthly anniversary thereafter.
- 4. These RSUs do not expire; they either vest or are cancelled prior to the vesting date.

Remarks:

/s/Rhonda Powell, as Attorney-

in-Fact for Phuong Dao 11/23/2022

Nguyen

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.