FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

											· ·										
1. Name and Address of Reporting Person* Nguyen Phuong Dao						2. Issuer Name and Ticker or Trading Symbol BuzzFeed, Inc. [BZFD]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify						
(Last)	Last) (First) (Middle) C/O BUZZFEED, INC.						3. Date of Earliest Transaction (Month/Day/Year) 03/06/2023									X Officer (give title Officer (specify below) Publisher					
229 W. 43RD STREET, 10TH FLOOR							4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable					
(Street) NEW YORK NY 10036					-										Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)																		
		Tab	le I - No	n-Deriv	/ative	Sec	curiti	ies Ac	quired	, Dis	posed	of, o	r Ber	neficial	ly Owne	d					
Date				Date	h/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.					Securitie Benefici Owned	5. Amount of Securities Beneficially Owned Following Reported		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
		Code	v	Amount						(A) or (D)	Price	Transac (Instr. 3	tion(s)			(11301. 4)					
Class A Common Stock 03/06/						/2023			M		1,594	(1)	A	\$0	193	193,828		D			
Class A Common Stock 03/0				5/2023				F		735	5 D \$		\$0	193,093			D				
		Т	able II -						,		osed of	•		,	Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Date,	Date, Transact Code (In				6. Date I Expiration (Month/I	n Date		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title		Amount or Number of Shares							
Restricted Stock	(2)	03/06/2023			M			1,594	(3)		(4)	Con	ss A nmon	1,594	\$0	1,594	4	D			

Explanation of Responses:

- 1. These shares of Class A common stock reflect the settlement of restricted stock units ("RSUs") on March 6, 2023. Each RSU is convertible into a share of Issuer's Class A common stock on a 1-for-1 basis.
- 2. Each RSU represents a contingent right to receive one share of the Issuer's common stock, subject to the Reporting Person's continued status as a service provider to the Issuer.
- 3. The RSUs service-vest on the following schedule: (a) 25% vest on January 1, 2020 and (b) the remaining 75% vest in 36 equal installments on each monthly anniversary thereafter.
- 4. These RSUs do not expire; they either vest or are cancelled prior to the vesting date.

Remarks:

/s/ Felicia DellaFortuna

Attorney-in-Fact for Phuong 03/08/2023

Dao Nguyen

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.