FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549

STATEMENT	OF	CHANGES	IN BEI	NEFICIAL	OWNERSHIP
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	OMB APPR	OVAL									
	OMB Number: 3235-0287										
	Estimated average burden										
	hours per response:	0.5									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* COLEMAN GREGORY					2. Issuer Name and Ticker or Trading Symbol BuzzFeed, Inc. [BZFD]							5. Relationship of Reporting Person(s) to Issue (Check all applicable) X Director 10% Owner					/ner	
	ZZFEED,		(Middle	,	3. Date of Earliest Transaction (Month/Day/Year) 06/06/2022									Officer (give title below)		Other (s below)		pecify
111 EAS	T 18TH S	TREET, 13TH	FLOOI	₹	4. If	Amendm	ent, Date	of Origi	inal Fi	led (Month/Da	y/Year)			ividual o	r Joint/Grou	ıp Filing (Ch	eck Ap	plicable
(Street) NEW YO	ORK N	Y	10003										Line)		filed by Mo	ne Reporting ore than One		
(City)	(5	itate)	(Zip)															
		Та	ole I - N	on-Deriva	tive	Securi	ties Ac	quire	d, Di	isposed of	f, or Be	enef	iciall	y Own	ed			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/		if any	eemed ition Date, h/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of			and 5) Securitie Beneficia		ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t In	Nature of direct eneficial wnership nstr. 4)		
								Code	v	Amount	(A) or (D) Pric		e	Transa (Instr. 3	ction(s)			nstr. 4)
Class A C	Common S	tock		06/06/20)22			P		75,000(1)	A	\$2.	7685	56:	5,558	D		
Class A C	Common S	tock												13	,089	I	A A C 2	By The Ludrey Amelia Coleman 014
Class A C	Common S	tock												51	,722	I	B C 2	by The Benjamin Coleman 000 Trust ⁽³⁾
Class A C	Common S	tock												12	2,538	I	2 F	by The Coleman 014 amily crust ⁽⁴⁾
Class A C	Common S	tock												13	5,089	Ι	E N C 2	By The Cloise Marie Coleman 016 Trust ⁽⁵⁾
Class A C	Common S	tock												51	,722	I	N C 2	By The Melissa Coleman 0000 Trust ⁽⁶⁾
Class A C	Common S	tock												51	,722	I	S C 2	by The tephen Coleman 000 Crust ⁽⁷⁾
			Table II							posed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		ar) Exec	Deemed ution Date,	4. Trans	saction (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Da Expir (Mon	te Exe	rcisable and	7. Title Amoun Securit Underly Derivat Securit 3 and 4	and it of ties ying tive ty (Inst	8. De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owne Form: Direct or Ind (I) (Ins	(D) irect	11. Nature of Indirect Beneficial Ownership (Instr. 4)

		Tal	le II - Derivat (e.g., pu				uired, Disp , options,					d		
1. Title of	2. Conversion	3. Transaction	3A. Deemed	£ .ode		6A)Num(De)r				eSalnaares	8. Price of	9. Number of	10.	11. Nature
Esquartation (Instr _J 3) (Instr _J 4) (Instr _J 4) (Instr _J 4) (Instruction of Shaper (Instruction of	northespens Price of Derivative Price of Rep Price of Rep	ethonth/Day/Year) ethonth/Day/Year) hereby undertakes to at which the transact elia Coleman 2014 Truto the extent of his p. 1934 (as amended, the control of the coleman 2014 Truto the extent of his p. 1934 (as amended, the coleman 2014 Truto	if any Month/Day/Year) sed these shares in mo o provide to the Secu- tions were effected. rust, of which Mr. Co ecuniary interest ther	Code (8) ultiple tr rities and leman's ein, and	ades at description and a Exchaint brother this rep	Disposed	ng from \$2.57 to sion staff, the I	Year) o \$2.90. The possuer or any sed	Secur 3 and eficial o	rities rlying price above ative of the rity (instr- 4) wnership of	f the shares he	Securities Beneficially Weigl Owned Fellowing info	Form: Direct (D) or Indirect or Indirect (I) (Instread) he Audrey An	Beneficial Ownership urchase (Instr. 4) ling the
3. Held by T	he Benjamin Co to the extent of	oleman 2000 Trust, o	f which Mr. Colemar	's brothe	er is the									
4. Held by To except to the purpose.	he Coleman 20 extent of his po he Eloise Marie xcept to the ext	14 Family Trust, of wecuniary interest then contain the Coleman 2016 Trustent of his pecuniary i	ein, and this report sh	all not b	e deem	ed an admiss	sion that he is th	e beneficial or	wner of	tl Qf securiti Number	es for purpos	es of Section 16 o	f the Act or for	r any other

6. Held by The Melissa Coleman 2000 Trust, of which Mr. Coleman's brother is the trustee. Mr. Coleman disclaims beneficial ownership of the shares held of record by The Melissa Coleman 2000 Trust except to the extent of his pecuniary interest therein, and this report shall not be deemed an admission that he is the beneficial owner of the securities for purposes of Section 16 of the Act or for any other purpose.

7. Held by The Stephen Coleman 2000 Trust, of which Mr. Coleman's brother is the trustee. Mr. Coleman disclaims beneficial ownership of the shares held of record by The Stephen Coleman 2000 Trust except to the extent of his pecuniary interest therein, and this report shall not be deemed an admission that he is the beneficial owner of the securities for purposes of Section 16 of the Act or for any other purpose.

Remarks:

/s/ Rhonda Powell, Attorneyin-Fact for Gregory Coleman

06/08/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.