FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0287							
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Rothstein Adam					2. Issuer Name and Ticker or Trading Symbol BuzzFeed, Inc. [BZFD]								eck all applic X Directo	able) r	Person(s) to Issuer 10% Owner		
(Last)	(F ZZFEED, II	irst) NC.	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 02/22/2022								Officer below)	give title	Other below	(specify	
111 EAST 18TH STREET, 13TH FLOOR					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable				
(Street) NEW YO	ORK N	Y	10003									Lin	X Form fi	led by More	Reporting Pers	- 1	
(City)	(S	tate)	(Zip)														
		Ta	ble I - Non-De	rivati	ve Se	ecurities	s Acc	quired, I	Disp	osed c	of, or Be	neficiall	y Owned				
Date				2A. Deemed Execution Date, if any (Month/Day/Year		Date,	Code (Instr.			5. Amour Securities Beneficia Owned For	Form Sollowing (I) (Ir	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount	(A) c (D)	Price	Transacti (Instr. 3 a	on(s)		(Instr. 4)	
			Table II - Der (e.g					ired, Di option					Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr.)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	Ownersh Form: y Direct (D or Indire (I) (Instr.	Beneficial Ownership tt (Instr. 4)		
				Code	v	(A)		Date Exercisable		xpiration ate	Title	Amount or Number of Shares		(Instr. 4)			
Restricted Stock Units	(1)	02/22/2022		A		100,719		(2)		(3)	Class A Common Stock	100,719	\$0.00	100,719) D		

Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of the Issuer's Class A common stock, subject to the Reporting Person's continued status as a service provider to the Issuer.
- 2. One-fourth of the total award vests on the third of March, June, September, and December 2022.
- 3. Not applicable.

Remarks:

/s/ Samuel Torres, Attorney-in-Fact for Adam Rothstein

02/24/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.