SEC For	m 4															
	FORM	4	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVAL		
Section 16. Form 4 or Form 5 obligations may continue. See					Depursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								OMB Number: 3235-0287 Estimated average burden hours per response: 0.5			
1. Name and Address of Reporting Person [*] Nguyen Phuong Dao					2. Issuer Name and Ticker or Trading Symbol BuzzFeed, Inc. [BZFD]							eck all applic Directo	able)	10% Owner		
(Last) (First) (Middle) C/O BUZZFEED, INC.					3. Date of Earliest Transaction (Month/Day/Year) 02/22/2022							X Oncer give the Other (specify below) below) Publisher				
111 EAST 18TH STREET, 13TH FLOOR (Street) NEW YORK NY					4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	X Form filed by One Reporting Person Form filed by More than One Reporting				
(City) (State) (Zip) Person Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				nsactior	ction 2A. Deemed Execution Date,			, 3. 4. Securi Disposed Code (Instr. 5)		ities Acquired (A) or d Of (D) (Instr. 3, 4 and		5. Amoui	nt of 6, s F Illy (I ollowing (I	orm: Direct D) or Indirect) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code V	Amount	(A) or (D)	Price	Transact (Instr. 3 a	ion(s)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable an Expiration Date (Month/Day/Year)		7. Title and Amouni of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Restricted Stock Units	(1)	02/22/2022		A		83,932		(2)	(3)	Class A Common Stock	83,932	\$0.00	83,932	D		

Explanation of Responses:

1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of the Issuer's Class A common stock, subject to the Reporting Person's continued status as a service provider to the Issuer.

2. 1/3 of the total award vests on February 15, 2023. The remainder vests as to 1/8 of the total award quarterly in eight equal installments on the fifteenth of May, August, November, and February thereafter. 3. Not applicable.

Remarks:

/s/ Samuel Torres, Attorney-infact for Phuong Dao Nguyen

02/24/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.